



## CASHS DAILY ANNOUNCEMENTS

### November 23, 2022

### Bell Schedule D



**Menu:** Mac & Cheese Hot Dog, Chicken Patty, Pizza, Peas, Fresh Veggies, Apple Sauce, Fresh Fruit, Milk

**Next Menu:** Fiestada, Popcorn Chicken, Cheeseburger, Fries, Veggie Juice, Peaches, Oranges, Milk

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If you are a freshman, sophomore, or junior on the football team there will be off season lifting from 3:00-4:00 in the weight room starting on December 5th. If you plan on attending, please sign up outside Coach Baker's room at B334. (KB-12/5/22)

The field hockey team will be having off season conditioning with Coach Baker beginning on December 5<sup>th</sup> from 4:00-5:00 on Mondays and Wednesdays in the weight room by the auxiliary gym. (KB-12/5/22)

Time is running out to order your cap and gown for \$35. Herff Jones will increase the price to \$50 starting on Thursday, 11/24/22. Order forms are available in the main office or they can be ordered online at [www.herffjones.com](http://www.herffjones.com). Announcements are also available to order on the website through January 15th. (KR-1/15/23)

**Please excuse the following groups or teams at the indicated times:**